

Summary of Jill Bolte Taylor > 150

Dr. Jill Bolte Taylor is a well known neuroanatomist, author, and inspirational public speaker. In 1996, Dr. Taylor experienced a severe hemorrhage in the left hemisphere of her brain. The rare form of stroke, known as an Arterio-Venous Malformation (AVM), prevented her from performing basic tasks such as walking, talking, reading, writing, or even preventing her from remembering certain parts of her life. It was an eight year battle before she was able to recover all of her physical functions and memories. She created the nonprofit organization Jill Bolte Taylor BRAINS, a program that is dedicated to providing educational services and promoting advancement in brain awareness. She was chosen by TIME Magazine as one of the 100 Most Influential People in the World for 2008, and even made an appearance on Oprah's Soul Series Web-cast. The story of her life and troubles is even being developed into a feature film.

Summary of ted talk: My Stroke of Insight < 150

In February of 2008, Dr. Taylor gave the TED Talk "My Stroke of Insight". During her discussion, she breaks down what happened to her and the irony of a neuroanatomist having such a condition. In an emotional talk, she breaks down how she watched each of her brain function shut down one by one. She discusses how this affected her, her work, and her struggle for eight years to regain her brain function. An astonishing story relayed by an astonishingly resilient speaker.

This TED Talk was one the first TED Talks to go viral, and is still one of the top most viewed TED talks of all time. It currently has over 23 million views. The success of this TED Talk even led Taylor into motivational speaking, making her one of the most sought-after public speakers.

Summary of books: >150 words

1: My Stroke of Insight: A Brain Scientist's Personal Journey

Prior to the massive success of her TED Talk of the same name, Dr. Taylor wrote her first book "My Stroke of Insight". This New York Times bestselling memoir is the inspirational story of Dr. Jill Bolte's battle with her own brain. As a curious scientist by nature, she talks about how she had to watch her mind deteriorate right in front of her. She couldn't walk, talk, read, write, or even recall any parts of her own life. She eventually recovered, after a tumultuous eight year battle, but this experience gave her insight into the unique functions of the two halves of her brain. Dr. Taylor gives readers the ability to better understand their own brains and understand how react to life's circumstances.